



New Jersey Spirit Explosion would like to thank you for your interest in joining our family. We're excited to see everyone of you in person during our clinics and assessments. Cheerleading is only one aspect of being a member of the NJ Spirt Explosion family.

Confidence building, leadership, and teamwork skills are all part of the process.

Recognizing that we are more powerful as a group than we are on our own. I think it's the realization that we're more than simply a gym: We're a family.

A list of expectations for each family has been produced by us to help them better grasp our expectations. Please take the time to read the entire package. Before your athlete is placed on a team, go over the following details with both your athlete and your family. Let's work together to improve your athlete's life and create memorable moments for the whole family!

We can't wait to have you join the NJ Spirit Explosion Family.

We sincerely hope that this packet has been useful to you and that it has answered any queries you may have had.

Thank you for your support and we hope to see you at EVALUATIONS!

# NEW JERSEY SPIRIT EXPLOSION CHEERLEADER INFORMATION FORM

#### **ATHLETE INFORMATION**

LAST NAME:	FIRST NAME:				
D.O.B.:/					
ADDRESS:					
CITY: STATE:					
ATHLETE CELL#:	_				
~ PLEASE PRINT CLEARLY ALL INFORMATION	N WILL BE SENT TO THIS EMAIL ADDRESS ~				
EMAIL:@	<u>.                                    </u>				
PARENT INFO	<u>ORMATION</u>				
MOTHERS'S NAME:					
WORK PHONE#:	CELL PHONE#:				
FATHER'S NAME:					
WORK PHONE#:	CELL PHONE #:				
LIVING WITH: MOTHER FATHER					
INSURANCE IN	<u>FORMATION</u>				
CARRIER:	POLICY #:				
CARRIER PH#:	GROUP #:				
PLEASE LIST ANY MEDICAL CONDITIONS WE SHOULD	BE AWARE OF:				
EMERGENCY CONTACT IF PAR					
NAME:	CELL PHONE#:				
REGISTRATION PAID BY: CASH C	с Снеск 🗆				

# NJ SPIRIT EXPLOSION ALL-STARS 2024-2025 PARTICIPANT AGREEMENT, RELEASE AND ASSUMPTION OF RISK

In consideration of the services of New Jersey Spirit Explosion, it's owners, agents, officers, employees, and all other persons or entities acting in any capacity on their behalf (hereinafter collectively referred to as "NJSE"), I hereby agree to release, discharge, and hold harmless NJSE, on behalf of myself, my children, my parents, my heirs, assigns, personal representative and estate as follows:

- 1. I understand and acknowledge that the activities that I or my child engage in while on the premises or under the auspices of NJSE pose known and unknown risks which could result in injury, paralysis, death, emotional distress, or damage to me, my child, to property, or to third parties. The following describes some, but not all, of those risks: Cheerleading and gymnastics, including performances of stunts and use of trampolines, entail certain risks that simply cannot be eliminated without jeopardizing the essential qualities of the activity. Without certain degree of risk, cheerleading Students would not improve their skill and the enjoyment of the sport would be diminished. Cheerleading and the gymnastics expose participants to the usual risk of cuts, bruises, and other more serious risks as well. Participants often fall, sprain or break wrists and ankles, and can suffer more serious injuries. Traveling to and from shows, meets and exhibitions raises the possibilities of any manner of transportation accidents. In any event if you or your child is injured, medical assistance may be required which you must pay for yourself.
- 2. I expressly agree and promise to accept and assume all of the risks, known and unknown, connected with NJSE-related activities, including but not limited to performance of stunts and use of trampolines. My participation and that of my child is purely voluntary. No one has forced or coerced me or my child to participate. I elect for myself and my children to participate in such activities in spite of the risks.
- 3. I hereby voluntarily release, forever discharge, and agree to hold harmless and indemnify NJSE from any and all liability, claims, demands, action or rights of action, which are related to, arise out of, or are in any way connected with my child's participation in NJSE-related activities.
- 4. Should NJSE be required to incur attorney's fees and costs to enforce this agreement, I agree to indemnify and reimburse them for such fee and costs.
- 5. I certify that my child has health, accident and liability insurance to cover bodily injury or property damage that may be caused or suffered while participating in this event or activity, or else I agree to bear the cost of such injury or damage to my child. I further certify that I am willing to assume and bear the cost of all risks that may arise or be created, directly or indirectly, through or my any such condition,
- 6. In the event that I file law suit against NJSE, I agree to do so in the State of New Jersey and I further agree that the substantive and procedural laws in that state shall apply in any such action without regard to the conflict of laws, rules thereof. I agree that if any portion of this agreement in found void or unenforceable, the remaining portion shall remain in full force and effect.
- 7. By signing this document, I acknowledge that if anyone is hurt or property is damaged during my participation or the participation of any of my children in this activity, I may be found by court of law to have waived my right to maintain a lawsuit against NJSE on the basis of any claim from which I have released NJSE by signing this agreement.

I have had sufficient opportunity to read this entire document. I have read it and understand it. I agree to be bound by its terms.

Signature of Parent/Guardian:	Print Name:	Date:
PARENT	OR GUARDIAN'S ADDITIONAL INDEMNIFIC	CATION
activities and to use its equipment a	(print minor's name) ("Minor") being permitted and facilities, I further agree to indemnify and hold NJSE fand which are in any way connected with such use or partic	rom any and all claims which are
Signature of Parent/Guardian:	Print Name:	Date:

## **NJSE TRYOUT FORM**

NAME:DO	)B:	/	
HAVE YOU CHEERED ALL STAR PREVIOUSLY YES NO			
GYM NAME (OPTIONAL):			
ARE YOU TRYING OUT FOR ANY OTHER ALL STAR PROGRAM THIS SEASON	N?:	YES	No
WHAT AGE/LEVEL DID YOU COMPETE LAST SEASON?:			
ARE YOU WILLING TO CHEER ON ANY NJSE TEAM REGARDLESS OF LEVE	EL?:	YES	No
IF NO, WHAT TEAM/LEVEL ARE YOU SPECIFICALLY TRYING OUT FOR?:			<u></u>
WOULD YOU LIKE TO CROSSOVER?: YES NO			
If PLACE ON A WORLD'S TEAM, ARE YOU WILLING TO CROSSOVER AND COAND AT WORLDS?: YES NO	OMPLE	TE AT BO	TH THE SUMN
WHAT STUNT POSITON DO YOU HAVE EXPERIENCE WITH?: ( MARK ALL 1 MAIN BASE SIDE BASE BACKSPOT FLYER FRONT SPOT		APPLY)	
WHAT IS THE HIGHEST LEVEL OF STUNTS YOU HAVE COMPETED?: ( MAR LEVEL 1 LEVEL 2 LEVEL 3 LEVEL 4 LEVEL 5 LEV		Y ONE)	
WHAT IS THE HIGHEST LEVEL OF STANDING TUMBLING YOU HAVE COMP	ETED?	: ( Mark	ONLY ONE)
LEVEL 1 LEVEL 2 LEVEL 3 LEVEL 4 LEVEL 5 LEV	EL 6		
LIST STANDING TUMBLING SKILLS COMPETED:			
What is the highest level of running tumbling you have compe- Level 1 Level 2 Level 3 Level 4 Level 5 Level 6	-	MARK O	NLY ONE)
LIST RUNNING TUMBLING SKILLS COMPETED:			
WHAT WOULD BE YOUR BEST CONTRIBUTION AS A TEAM MEMBER?			



## Please check off the tumbling you can perform without a spotter and completed with perfect technique



LEVEL	STANDING TUMBLING	RUNNING TUMBLING
1	□ Forward Roll □ Backward Roll □ Back Extension Roll □ Backbend □ Bridge Kick Over □ Back Walkover □ Back Walkover Leg Switch	<ul> <li>□ Cartwheel</li> <li>□ Front Walkover</li> <li>□ Round Off</li> <li>□ Connected Skills to a Walkover</li> </ul>
2	<ul> <li>□ Back Handspring</li> <li>□ Back Handspring Step Out</li> <li>□ Back Walkover Back Handspring</li> <li>□ Back Walkover Leg Switch Back Handspring</li> </ul>	<ul> <li>□ Cartwheel Back Handspring</li> <li>□ Round Off Back Handspring</li> <li>□ Round Off Back Handspring Series</li> <li>□ Front Walkover Round Off Back Handspring</li> <li>□ Front Handspring</li> </ul>
3	<ul> <li>□ Back Handspring Series</li> <li>□ Jump Into Back Handspring</li> <li>□ Jump Into Back Handspring Series</li> </ul>	<ul> <li>□ Ariel</li> <li>□ Punch Front</li> <li>□ Round Off Tuck</li> <li>□ Round Off Back Handspring Tuck</li> <li>□ Front Walkover Round Off Back Handspring Tuck</li> </ul>
4	<ul> <li>□ Standing Back Tuck</li> <li>□ Back Handspring Back Tuck</li> <li>□ Back Handspring Series Back Tuck</li> <li>□ Jump Back Handspring Back Tuck</li> </ul>	<ul> <li>□ Cartwheel Tuck</li> <li>□ Round Off Layout</li> <li>□ Round Off Back Handspring Layout</li> <li>□ Front Walkover Through to Layout</li> <li>□ Whip Through to Layout</li> <li>□ Punch Front Through to Layout</li> </ul>
5	<ul><li>☐ Jump Back Tuck</li><li>☐ Back Handspring to Layout</li><li>☐ Back Whip Through to Layout</li></ul>	<ul> <li>□ Round Off Full</li> <li>□ Round Off Back Handspring Full</li> <li>□ Round/BHS Whip Through to Full</li> <li>□ Punch Front Through to Full</li> </ul>
6	<ul> <li>□ Standing Full</li> <li>□ Back Handspring Full</li> <li>□ Back Handspring Series to Full</li> <li>□ Back Handspring Series Through to Double</li> </ul>	<ul> <li>□ Cartwheel Full</li> <li>□ Whip Immediate Full</li> <li>□ Round Off Back Handspring Double</li> <li>□ Specialty to Double</li> </ul>



## **NEW JERSEY SPIRIT EXPLOSION**

### CREDIT CARD AUTHORIZATION FORM

NAME ON CREDIT CARD:						
TYPE OF CREDIT CARD (CHECK ONE):	□VISA	☐ MASTERCARD	□ DISCOVER	□AMEX		
TYPE OF ACCOUNT:	□ PERSO	NAL DBUSINESS				
BILLING ZIP CODE:						
PHONE #:						
EMAIL ADDRESS:						
CREDIT CARD #:						
EXP DATE:						
SECURITY CODE (BACK OF CARD):						
AUTHORIZED AMOUNT:	\$65					
ATHLETE NAME:						
I certify that I am the authorized holder and signer of the credit card reference above. I acknowledge that all information above is complete and accurate.  The undersigned hereby authorizes collection of payment for all charges as indicated above. Charges may not exceed the amount listed above in the "AUTHORIZED AMOUNT" field. If additional charges are going to be authorized a new form will have to be completed.						
Card Holder Signature:			_ Date:			